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Sculptra™
Post-Injection Instructions

I. General Instructions

- Gently massage the areas of injection in a circular fashion, using a mild, non-irritating lubricant. Massaging can be performed three times per day for 72°
- Maintain an upright position for 6 hours. Avoid laying your head down.
- Avoid any potential bruising related products for 48 hours after the procedure, i.e. Aspirin, Motrin, or Ibuprofen.
- For pain control, you may use Tylenol (650 mg) up to three times per day.
- For control of itching, you may use Benadryl (Non-drowsy; 25mg); one tablet three times per day, every eight hours.
- Contact your doctor for any persistent redness, irritation, or fevers.
- Avoid any dietary intake of extreme cool or hot temperatures for at least four hours to prevent thermal injuries to your mouth or treated areas.
- Always apply SPF > 40 to all potentially sun-exposed wounds or incision sites.

II. Reminder

- Most of the immediate swelling and/or volume augmentation from the local anesthetic should start to dissipate within the next twenty-hours.
- Expect four to six weeks prior to seeing the results from each injection.

Patient Signature

Date:

Witness Signature

Date: